



## The FNGH Herald



February to April 2021

Volume 2

Spring has sprung, and Florence Nightingale Global Health has continued to spring into action to help impoverished communities. Curious about what we've been up to from February through April? Keep reading to find out!

### February 2021



To date, the work FNGH has done in Mexico with providing dental care, education, and hygiene has served over 10,000 children and families. FNGH is excited to continue following its mission to serve impoverished communities, and has most recently done so by helping to provide dental services in Northern Samar, Philippines. The Happy Smiling Faces Project, made possible by The Onnink Family Trust in partnership with FNGH and the Rotary Club of Catarman, began earlier in 2021 to provide dental services to patients at the Home for Children and Adolescents under the auspices of Provincial Social Welfare and Development (PSWD). PSWD is an orphanage that serves 36 children and mothers—each one has been orphaned, abandoned, or victims of physical abuse, rape, or incest.

Nine of our Balikbayan Boxes (BBB) arrived in the Philippines in February. One BBB packed full of donations reached the ANCOP Village in Brgy Daganas, Catarman, Northern Samar towards the end of February. Inside were supplies and food such as rice, sardines, and noodles. Another box contained toothbrushes and toothpaste. The BBB are made possible with your generous contributions, and we wouldn't be able to continue sending supplies to those in need without your help!

Amazon Smile is an easy and great way to donate supplies to FNGH. By linking your purchases to FNGH, Amazon will donate a percentage of the sales to the non-profit without charging the buyer extra fees. We're always



in need of supplies to continue sending our BBBs, and [donating supplies has never been easier with Amazon Smile](#).

Florence Nightingale  
Global Health

**Masks for a Mission**

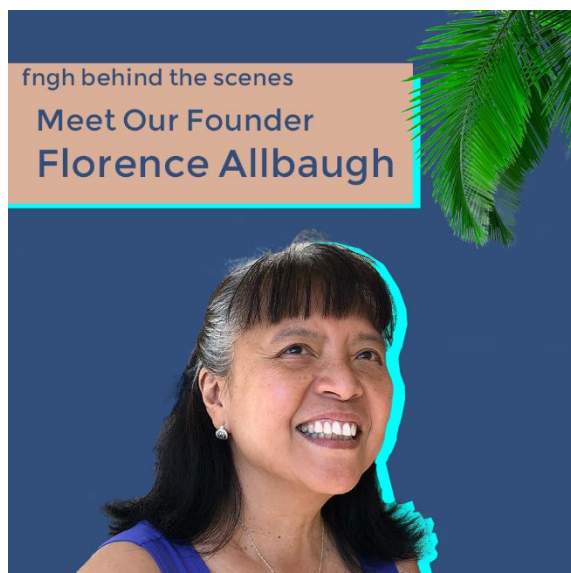
**US\$20 each** Plus postage (US\$5)

Environmentally friendly, bio-degradable fabric face masks. Made from MUSA – banana fibers, then hand-painted by local Filipinos.

[www.fngh.org](http://www.fngh.org) | [florence@fngh.org](mailto:florence@fngh.org) | [www.facebook.com/fnghcares](https://www.facebook.com/fnghcares)

Our White Squirrel Mask fundraiser continued through February and is still going on! Don't miss your chance to purchase a high-quality mask made from banana fibers with comfortable elastic ear hoops and a pocket to add in additional filters. Not only will you be purchasing a biodegradable White Squirrel Mask for \$20, but you will be donating directly to FNGH to help fund the projects we do for communities in need. [Click here to purchase a White Squirrel Mask today!](#)

Have you met the team behind FNGH? In February, we launched our "FNGH Behind the Scenes" series on Instagram. [Visit and follow our account](#) to get to know the faces of FNGH and keep up with the latest news and events!



## March 2021

Did you know that March is hygiene month? In March, FNGH sent BBB packed with supplies such as soap to Pambujan National High School for students to help learn proper hand washing techniques. Hand washing is always important, but it is especially important now with the COVID-19 pandemic to know how to properly wash away germs.

We began applying for a Rotary Global Grant in early March, and we are excited to announce that our Heart 2 Heart Global Grant has been approved! This grant will provide medical services and education for vulnerable populations in the Philippines. Not only will the grant help fund the services for detecting and preventing Cardiovascular Disease, but there will also be a program developed for mothers to receive a free health screening. Additionally, life-saving surgical procedures will be happening by pediatric cardiologists and cardiothoracic surgeons!

Another group of BBB reached Pambujan, North Samar, Philippines on March 10th. They were delivered to St. Scholastica Hospital, providing the hospital with much-needed medical supplies and books for readers of all ages. Supplies of food were also sent in the BBB, all of which will be put to good use through events such as the hospital's weekly community feeding program.

FNGH helped secure funding for a well and cistern at Philippine National High School (PNHS). Thank you to the Rotary Club of Pisgah Forest and Dr. Ann Farash, FNGH's Medical Director, for the amazing \$1000 donation! With March being water and sanitation month, we are very excited about helping to make potable water and sanitation essentials more accessible to those in need.

## April 2021

Dental decay is a chronic issue in the Philippines. That's why FNGH has continued to organize dental missions to impoverished communities. Children who have never had their teeth cleaned have been able to get dental services such as tooth extractions, fillings, and prophylaxis. Thank you to The Onnink Family Trust with the Happy Smiling Faces Project for their generous support, as well as to Dr. Ariel Carandang for the continued hard work.

A contributing cause of dental decay is not having access to clean, safe drinking water. When it is cheaper to purchase a sugary soda drink than it is to purchase a bottle of water, dental hygiene is especially important to prevent decay—having toothbrushes and toothpaste to brush teeth often is a necessity, as is dental education. By becoming aware of how food and drink can impact dental health, different choices can be made to help one's dental hygiene while addressing food insecurity.

Two BBB that were sent in December 2020 completed their journey across the globe and arrived in the Philippines during the first half of April. Inside of the box were goods such as toys, boxes and cans of food, soap, reusable water bottles, clothes, and books. Donations to FNGH help make sending BBB to impoverished communities possible, and [you can click here to donate on our website directly.](#)



## Donate to FNGH

Donations make the work that FNGH does to help impoverished communities possible. Without your generous donations, we would not be able to send BBB overseas or complete medical and dental missions such as The Happy Smiling Faces Project. Every penny counts when you're helping those in need. Donate today to help fund projects like these:

- Dental care per child → \$100
- Safe drinking water for a school → \$1,500-\$2,000
- Life-Saving Heart Surgery → \$2,000-\$5,000

[To Donate: Click here to make a donation on the FNGH website!](#)



## Thank You to Our Benefactors and Donors

We would like to give a special recognition and thank you to our benefactors who continue to help make the work we do possible.

- Al Katz
- Dr. Ann Farash
- Dr. Paul Onnink
- Kerry & Kay Danes
- Tara Hack
- The Rebel Kicks Band

We would also like to thank our donors for providing direct funds where they are most needed.

- Anonymous
- Paul Coles
- Roi & Karen DeGuzman & Family
- Pinio Pastor
- Timothy Rigdon
- Steve Marcum
- Greg McNabb
- Michael & Marianne Bez
- Douglas Payne
- Karen McEverett
- Ivy Walker
- Sally Gregory

Did you miss the previous edition of The FNGH Herald? You can click [HERE](#) to download and catch up on the work we did from November 2020 to January 2021.